

New York family

January 2010
Established 1996

Morgan Taylor with his wife, Rachel Loshak, and son, Harvey, at Symphony Space.



Morgan Taylor, The Breakout Kiddie

The HOT LIST

Our roundup of nutritionists, gyms and exercise classes, spas, and medical treatments for moms looking to improve on their health and well-being.

SPAS

Smooth Synergy

This "cosmedical" spa specializes in laser hair removal, endermologies, microderabrasion, and other cosmetic aesthetics ranging from massages to relaxing facials to eyelash extensions. Owned by a husband-and-wife team, it has an intimate environment and a friendly staff. 686 Lexington Avenue, 212-397-0111, smoothsynergy.com.