

Diamond Dynamic WaveForm Therapy: A New “Wave” of Non-invasive Therapy

By **George P. Liakeas, M.D.**

No one likes to grow old gracefully, and the aging process can be merciless to the skin. Years of sun exposure and natural collagen loss make facial skin lose its plumpness and the body’s skin lose elasticity. Busy schedules, more stress, and the demands for maintaining a youthful appearance make the Diamond WaveForm Therapy a dream come true. Smooth Synergy, a full cosmedical spa in Manhattan, announces the addition of this innovative aesthetic technology where advanced wave forms put the face and body through a premium “workout.”

This breakthrough approach to reversing the signs of aging from the inside out uses four unique wave patterns which closely imitate the body’s own muscle messages within the face and body. Weight, bumpy lumpy contours, distended stomach, and cellulite are some of the more evident body problems. Sagging skin, poor color (especially around the eyes), acne, and enlarged pores are some of the problems which show in the face. These are just the apparent signs. However, internal clogging is the more serious problem which can be so detrimental to our overall health and well-being.

What is the Diamond Lift and Medilift?

The Diamond Lift and Medilift features four distinctive waveforms which stimulate the body’s own regenerating ability and, with the help of special sculpting wands, restore youthful looks to the face and body. The vibration from the waveforms helps your body disperse resistant fat, especially around the abdomen. Muscles become more defined, fat is melted away, skin is lifted, and the lymphatic drainage is increased; all through the aid of a safe, controlled electrical current.

How long does a treatment take?

Treatment times may vary anywhere between 20 and 90 minutes, depending on the mode and area being treated.

How many treatments are necessary?

The answer to this is based on several things, including the patient’s goal, the patient’s age, and the patient’s overall health and physical fitness. For the most part, you begin with a corrective series of two treatments per week for six weeks, totaling twelve treatments. More treatments may be required to reach a specific patient goal. After this goal is reached, a maintenance program is highly suggested (once a month is typically enough to sustain results).

Who is a good candidate for this treatment?

This ‘personal trainer’ is suitable for “every” body. It especially helps those who have become overweight, recently had a baby, are unable to exercise, are out of shape and have a hard time committing and have poor internal health.

When will I notice a change?

Most people will see an immediate change in the tone and texture of their skin; however, this will be a temporary effect. After the 4th or 5th treatment the patient will begin to see sustained changes. This follows the same principle of time spent exercising, as it takes cumulative efforts to notice a substantial change.

About George P. Liakeas, M.D.:

Dr. George Liakeas is a Board Certified Family Physician who completed his training at New York’s Albert Einstein School of Medicine and finished his residency at Beth Israel Hospital. Dr. Liakeas has his own practice in Manhattan and is an Associate Professor at New York Medical College, serves as a Medical Consultant for Smooth Synergy, a full service medical spa; he performs injectable treatments such as Botox Cosmetic, Collagen, Restylane, Mesotherapy, Sclerotherapy. [Click here](#) to go to Smooth Synergy’s website or visit: www.smoothsynergy.com