

NEW YORK BEAUTY & SPAS

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PROFILE

Smooth Synergy

686 Lexington Ave., Ste. 3N, 10022
between 56th and 57th Sts.
212-397-0111

TYPE

Beauty Products,
Nutritionist/Weight Loss
Center, Spa, Tanning
Salon

SERVICES

Botox, Hair Removal, Massage, Skincare
Treatments

Visit: www.smoothsynergy.com

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Hours

Mon-Fri, 9am-9pm; Sat, 10am-6pm; Sun, noon-5pm

Nearby Subway Stops

4, 5, 6 at 59th St. ; N, R, W at Lexington Ave.-59th St.

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NEWSLETTERS

This Week in New York

What's worth seeing and doing.

Profile

After tying the knot, Nicole Contos and Dr. George Liakeas began their lifelong partnership with a business plan: She became the manager and he became the on-site medical consultant of Smooth Synergy. The “cosmedical spa” offers competitively priced traditional spa fare like massages, microdermabrasion, body wraps, and facials, but it’s their fountain-of-youth procedures that draw in most clients: non-surgical, FDA-approved cosmetic services such as Botox, collagen replacement, vascular therapy (which removes spider veins), and microcurrent body- and face-lifts. Bathing suit season brings an onslaught of cellulite-reducing endermologie appointments, SunFX spray-on tanning sessions, and requests for Candela GentleYAG hair removal, an extra-gentle procedure that’s safe for all skin types and tones. The Synergy team, which includes a chiropractor, acupuncturist, nutritionist, and several therapists and technicians, assesses clients’ “needs” during a free first consultation, then works with them to devise a skin and body care regimen. Dr. Liakeas has two offices on the premises where he consults and does injectables; other services are conducted in one of four treatment rooms, which, although almost too small for the huge, high-tech machinery within, mix hospital-grade cleanliness with the comfort of a family-run establishment. And to think all this synergy started on a blind date. — Christine Ajudua

Extra

Customers get ten percent off of services for each new client that they refer to Smooth Synergy. See the spa’s website for specials and holiday packages.