

# american spa

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## in touch menu

### organic spray tan

Pasty winter skin is a thing of the past for spa-goers who partake in the Organic Spray Tan (\$67, 30 minutes) at Smooth

**Synergy Cosmedical Spa** (New York City). Prior to the treatment, clients are advised to exfoliate and shave or wax 24 hours before the session. They are also encouraged not to use moisturizer for ultimate penetration of the UV-free tanning solution from SunFX, which is applied with an applicator spray gun featuring a drying air nozzle. First, guests remove their clothing and step into a tan tent. Adhesive foot-shaped cut-outs are then applied to the bottoms of the feet to prevent the soles of the feet from absorbing the organic tanning solution. The esthetician begins by applying the spray tan to the hard-to-reach natural contours of the body, such as below and under the buttocks, behind the knees, under the breasts, and the bends of the arms. The solution is then applied to the rest of the body. The session concludes with the application of the spray to the tops of the feet and the front of the neck, hands, and face. After allowing the spray to dry for about five minutes, clients are advised to refrain from showering for five hours and to apply moisturizer twice daily after showering to extend the life of the tan. For SunFX products: (866) 786-3948; www.sunfx.us.—J.K.

### flash soleil

Help spa-goers beat the winter doldrums with Yon-Ka Paris's Flash Soleil (suggested \$65 to \$100, 50 to 65 minutes) sunless bronzing treatment. Guests are first pampered and lulled with a warm foot compress. Skin is then prepped with a body exfoliation and cleansing, as well as an application of Emulsion Concentrée Pure to soothe the freshly sloughed skin. To follow, Auto Bronzant self-tanning cream is massaged evenly into the skin to achieve a sun-kissed look. Once the body has been tended to, the face is thoroughly cleansed using Lait Nettoyant. After the face has been refreshed, a soft peeling gel infused with plant extracts, selected based on skin type, is applied. Following the gentle facial exfoliation, an application of Auto Bronzant finishes off the treatment. The end result is a heavenly golden look that will brighten anyone's day. For Yon-Ka Paris products: (800) 533-6276; www.yonkausa.com.

—Cristina De Oliveira